



Kids timetable

MONDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
10.15-11.00					SING & SPLASH 3months - 5 yrs	
16:00-18:00	TEEN GYM (accompanied) 13+					
16:00-16:45			MULTISPORT Gym Team			

TUESDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
16:00-18:00	TEEN GYM (accompanied) 13+					
16:00-16:45		FUNCTIONAL TRAINING Gym Team				

WEDNESDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
10.15-11.00					SING & SPLASH 5 months - 5 yrs	
16:00-18:00	TEEN GYM (accompanied) 13+					
16:00-16:45			MULTISPORT Gym Team			

THURSDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
16:00-18:00	TEEN GYM (accompanied) 13+					
16:00-16:45		FUNCTIONAL TRAINING Gym Team				

FRIDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
9:15-10:30						
16:00-18:00	TEEN GYM (accompanied) 13+					
16:00-16:45			MULTISPORT Gym Team			

SATURDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
9:00-18:00	TEEN GYM (accompanied) 13+					
9:00-10:00				HOCKEY 4-7 yrs Josh B		JUNIOR TENNIS 5-9 yrs Shona Morris
10:15-11:15				CRICKET 8+ yrs Josh B		JUNIOR TENNIS 10-15 yrs Shona Morris
11:30-12:30				MINI GOLF Josh B		
13:00-13:45			FAMILY YOGA Cathy Rawlings		POOL GAMES	
14:15-15:15			KIDS BOOTCAMP Gym Team		POOL GAMES	

SUNDAY

	GYM	FUNC.	MAIN	PITCH	POOL	COURTS
9:00-18:00	TEEN GYM (accompanied) 13+					
9:00-10:00						FOOTBALL 4-7 yrs Josh B
10:15-11:15						FOOTBALL 8+ yrs Josh B
11:30-12:30						MINI GOLF Josh B
12:45-13:45			FAMILY KARATE Jason			
14:15-15:15			FAMILY KARATE Jason			

Thank you.