

# TIMETABLE



## MONDAY

Time	Class	Studio
10.30-11.00	Imagination Movers 18M-4YRS	Creche
16.15-16.45	Indoor Hockey 5-15YRS	Dance
16.45-17.15	Dodge Ball 5-15YRS	Dance
17.00-17.30	Hyperspin 12-15YRS	Cycle

## TUESDAY

Time	Class	Studio
No Classes Available		

## WEDNESDAY

Time	Class	Studio
10.30-11.15	Sing And Splash 3M-5YRS	Pool
16.00-17.00	Kids Rugby 5-11 YRS	Dance
16.00-17.30	Kids Games Club 5-11YRS	Creche
17.30-18.00	Teen Fitness Zone 12-15YRS	Gym Floor

## THURSDAY

Time	Class	Studio
17.15-18.00	Junior Fitness Zone 5-15YRS	Gym Floor

## FRIDAY

Time	Class	Studio
16.00-18.00	Movie Zone 5-11YRS	Creche
16.30-17.15	Kids Box Fit 7-14YRS	Dance
17.15-18.00	Teen Fitness Zone 12-15 YRS	Gym Floor

## SATURDAY

Time	Class	Studio
9.15-10.00	Ballet 5-9YRS	Kaizen
10.00-10.45	Athletics Club 5-15YRS	Tennis Courts
11.00-12.00	Green Tennis 8-15YRS	Tennis Courts
14.00-15.00	BiteSize Bootcamp 3-6YRS	Dance
15.00-16.00	BiteSize Bootcamp 7-14YRS	Dance

## SUNDAY

Time	Class	Studio
9.00-9.30	Tots Tennis 3-5YRS	Tennis Courts
9.30-10.30	Red Tennis 6-12YRS	Tennis Courts
10.00-11.00	Soccer 5YRS And Under	Football Pitch
11.00-12.00	Soccer 6YRS+	Football Pitch
12.00-12.30	Junior Fitness Zone 5-15YRS	Dance Studio
12.30-13.30	Family Karate 3YRS+	Dance Studio
13.30-14.30	Junior Karate 3-15YRS	Dance Studio

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**LIONS**